

Remote and local ischemic postconditioning further impaired skeletal muscle mitochondrial function after ischemia-reperfusion

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Objective: Muscular injuries contribute to perioperative and long-term morbidity after vascular surgery in humans. We determined whether local and remote ischemic postconditioning might similarly decrease muscle mitochondrial dysfunction through reduced oxidative stress.

Methods: Eighteen male Black-6 mice were divided in three groups: (1) sham mice had no ischemia (sham), (2) ischemia-reperfusion (IR) mice underwent 2-hour tourniquet-induced ischemia on both hind limbs, followed by 2-hour reperfusion, and (3) postconditioning (PoC) mice underwent four bouts of 30-second reperfusion and 30-second ischemia at the onset of reperfusion on the right limb; thus, the right limb underwent local PoC and left limb underwent remote PoC (rPoC). Maximal oxidative capacity (V_{\max}) of the gastrocnemius muscle mitochondrial respiratory chain was measured. Oxidative stress was evaluated by dihydroethidium staining. Expressions of genes involved in antioxidant defense (*superoxide dismutase* [*SOD1*], *SOD2*, *glutathione peroxidase* [*GPx*]), apoptosis (*Bax*, *BclII*), and inflammation (*interleukin-6*) were determined by quantitative real-time polymerase chain reaction. Muscle inflammation was determined using immunohistochemistry.

Results: IR reduced V_{\max} (8.5 ± 2.2 vs 10.2 ± 1.8 $\mu\text{mol O}_2/\text{min/g}$ dry weight; $P = .034$), and increased dihydroethidium staining (134.8%; $P = .039$). IR decreased GPx expression (-47.9% ; $P = .048$) and increased the proapoptotic marker Bax (255.5%; $P = .020$). Local PoC and rPoC further increased these deleterious effects. PoC decreased V_{\max} to 4.4 ± 1.4 $\mu\text{mol O}_2/\text{min/g}$ dry weight (sham vs PoC, -56.9% [$P < .001$]; IR vs PoC, -48.2% [$P < .001$]). rPoC similarly reduced V_{\max} to 5.1 ± 1.9 $\mu\text{mol O}_2/\text{min/g}$ dry weight (sham vs PoC, -50.0% [$P < .001$]; IR vs PoC, -40.0% [$P = .001$]). Dihydroethidium staining was further increased by PoC (207.2%; $P = .002$) and rPoC (305.4%; $P < .001$) compared with sham and was associated with macrophage infiltration. Local PoC increased *SOD1*, *SOD2*, and the antiapoptotic *Bcl-2*, and rPoC increased *Bax* (391.6%; $P < .001$) and the *Bax/BclII* ratio (621.7%; $P < .001$).

Conclusions: Local and remote ischemic postconditioning further increased injury by enhancing mitochondrial dysfunction, oxidative stress production, and inflammation. Caution should be applied when considering ischemic postconditioning in vascular surgery. (J Vasc Surg 2012;56:774-82.)

Clinical Relevance: For the first time in the setting of hind limb ischemia-reperfusion, ischemic postconditioning not only failed to protect skeletal muscle but also increased injury by enhancing mitochondrial dysfunction, oxidative stress, and inflammation. Although unexpected, these data are in line with recent reports in patients showing that ischemic postconditioning did not reduce infarct size or improve myocardial function recovery and might have a potential harmful effect. Thus, our data are likely to be pertinent in patients who need major vascular surgery and strongly suggest that caution should be taken before a broader translation of ischemic postconditioning into surgical daily practice.

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Restoration of blood flow to ischemic tissue is vital and a prerequisite to interrupt the development of irreversible damage. This holds true for all organs and is particularly interesting in the setting of vascular surgery. Indeed, even subtle intraoperative skeletal muscle ischemia contributes to remote organ injuries, thus contributing to perioperative and long-term morbidities.¹⁻⁴ However, reperfusion per se is also deleterious, and reperfusion-induced injury is thought to participate in up to 40% of muscle damage.⁵

Several approaches have been proposed to reduce reperfusion-related injuries. Ischemic preconditioning consistently reduced skeletal muscle damage, decreased mitochondrial dysfunction, enhanced limb protection, and reduced remote organs alterations in experimental animals and in humans.^{2,6-8} Nevertheless, except during surgery, the occurrence of ischemia is difficult to predict, which might limit a broader use of ischemic preconditioning.

Controlled reperfusion thus appeared as a valuable therapeutic tool after limb ischemia.⁹ Local ischemic preconditioning (PoC), defined as the application of repeated cycles of reperfusion and ischemia performed on the ischemic limb at the onset of reperfusion, is thought to be safe and easy to perform.^{7,10} Although data are still scarce in the setting of vascular surgery-induced skeletal muscle ischemia, a beneficial effect of local PoC has been demonstrated, including effective functional protection.¹⁰⁻¹⁴ Nevertheless, local PoC might directly stress the target organ and further impair the vessels involved in the current ischemia-reperfusion (IR) episode, suggesting that remote PoC (rPoC) might be advisable.¹⁵ Indeed, remote ischemic preconditioning, defined as an ischemic conditioning stimulus applied before an injurious ischemic episode but at a remote site, appeared not harmful for the ischemic territory and afforded an equivalent protection compared with local ischemic preconditioning in heart and skeletal muscles.^{16,17}

To gain insights into the mechanisms involved in the potential beneficial effects of both local PoC and rPoC, and in view of the central role of mitochondria and oxidative stress in cell function and survival after major trauma and IR,¹⁸ we aimed to determine skeletal muscle mitochondrial function and production of reactive oxygen species (ROS) and inflammation in the setting of limb IR, associated or not with PoC and rPoC. Mitochondria are the main energy source of the cells, converting nutrients into energy through cellular respiration, and mitochondrial dysfunction is associated with cell dysfunction and, ultimately, with organ impairment. Consistently, IR induced skeletal muscle mitochondrial dysfunctions in animals and humans,^{6,14,19} and more important, improving skeletal muscle mitochondrial function enhanced walking capacities in healthy individuals and in patients suffering from peripheral arterial disease.^{20,21}

Increased oxidative stress also largely participated in IR deleterious effects. We and others recently demonstrated that the beneficial effects of local ischemic PoC or superoxide dismutase (SOD) mimetic was associated with a reduced ROS production and an enhanced antioxidant defense in experimental models of lower limb IR.^{14,22}

The objective of this study was therefore to challenge the hypothesis that local PoC and rPoC reduce IR-induced mitochondrial respiratory chain injury in skeletal muscles through decreased ROS production and inflammation. We also investigated whether PoC might further increase muscle impairment through prolonged and repeated ischemia.

METHODS

Procedures were conducted in accordance with *Guide for the Care and Use of Laboratory Animals* (U.S. National Institutes of Health publication No. 85-23, National Academy Press, Washington DC, revised 1996).

Animals. Experiments were performed on adult (8-10 weeks old) male Black-6 mice (Depré, France) weighing 20 to 24 grams. Animals were housed in a neutral temperature

environment ($22 \pm 2^\circ\text{C}$) on a 12/12-hour light/dark cycle and were provided food and water ad libitum.

Preoperative management. Mice were placed in a hermetic anesthetic induction cage and ventilated with gas mixture of 4% isoflurane (AERRANE; Baxter S.A.S., Maurepas, France) and oxygen. After induction, mice were placed on heating blankets (MINERVE, Esternay, France), with a preselected 35°C temperature maintained during the procedure. Spontaneous ventilation was allowed through an oxygen-delivering mask, with different concentrations of isoflurane depending on the surgical stage (2% during painful stimuli, and 1% during latent periods).

Experimental design. A tourniquet was placed around each groin without any skin incision. Mice were divided into three groups of six mice each. The control group (sham) was sham operated and had no ischemia. In the IR group, tourniquets were tightened to induce a 2-hour ischemic assault in both hind limbs. Then, a 2-hour reperfusion period was allowed before gastrocnemius muscle in both hind limbs was harvested. As previously reported,²³ visual assessment confirmed the lack of vascularization during ischemia and the occurrence of reperfusion when the rubber band was removed. Although a tourniquet may only mimic surgery, stopping both arterial and venous blood flows and allowing lack of venous flow to potentially increase the ischemic lesions, such an approach appears clinically pertinent because tourniquet ischemia is widely used in surgery of the lower extremities to reduce blood loss and to improve the surgical field.²⁴ Furthermore, although visual assessment can be taken in default, recent data investigating local lactate levels support that this mouse model allows significant IR episodes.²⁵

In the PoC group, four PoC cycles were performed on the right hind limb at the onset of reperfusion. Each cycle consisted of 30 seconds of reperfusion, followed by 30 seconds of ischemia. Thus, the right hind limb received local PoC and the left hind limb received rPoC. After PoC, both hind limbs had 2 hours of reperfusion, as in the IR group (Fig 1).

At the end of the experiment, the right and left gastrocnemius muscle were dissected, adipose and connective tissues were excised, and mitochondrial respiration studies were immediately performed. Part of the muscles were frozen in liquid nitrogen-cooled isopentane and stored at -80°C for histologic analysis and messenger RNA (mRNA) expressions.

Activity of muscle mitochondrial respiratory chain complexes. Measuring oxygen consumption in skinned fibers is a unique technique to determine the maximum functional oxidative capacity (V_{max}) of the skeletal muscle in its cellular environment. The maximal mitochondrial respiratory rate was studied in saponin-skinned fibers of white gastrocnemius through oxygen consumption measurement by using a Clark-type electrode (Strathkelvin Instruments, Glasgow, UK), as previously described.^{14,26,27}

Dihydroethidium staining. To investigate the redox state of the skeletal muscles, depending on ROS production, serial sections ($10\text{-}\mu\text{m}$ thick) were cut on a

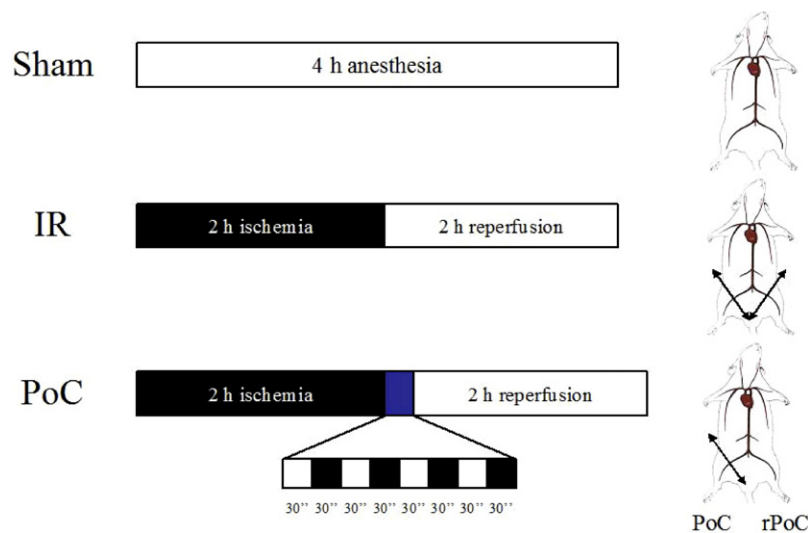


Fig 1. Experimental design. Sham animals underwent 4 hours of general anesthesia and a sham operation. The ischemia-reperfusion (IR) animals underwent 2 hours of tourniquet-initiated ischemia in both hind limbs (dark bar), followed by 2 hours of reperfusion (open bar). The ischemic postconditioned (PoC) animals underwent the same IR protocol, but reperfusion on the right hind limb was preceded by four 30-second consecutive reperfusion sequences, each separated by 30 seconds of reocclusion. The right hind limb thus underwent local PoC and the left hind limb underwent remote PoC (rPoC).

cryostat microtome and thaw-mounted into glass slides. After air-drying, slides were incubated for 30 minutes at 37°C with 2.5 $\mu\text{mol/L}$ dihydroethidium (DHE) in phosphate-buffered saline (PBS). DHE produces red fluorescence when oxidized to ethidium bromide.¹⁴ After staining, sections were rinsed, air dried, mounted in Vectashield (Vector Laboratories Inc, Burlingame, Calif), and cover slipped. They were examined under an epifluorescence microscope (Eclipse E800; Nikon, Melville, NY; original magnification, $\times 20$), and the emission signal was recorded with a Zeiss 573- to 637-nm filter (Carl Zeiss, München-Hallbergmoos, Germany).

Quantitative real-time polymerase chain reaction.

As previously reported,¹⁷ total RNA was obtained from muscles using Trizol reagent (Invitrogen Life Technologies, Rockville, Md). RNA was stored at -70°C until the reverse transcription reaction was performed. Complementary (c)DNA was synthesized from total RNA (2 μg) with the iScript cDNA Synthesis kit (Bio-Rad, Hercules, Calif). To perform the real-time (RT) polymerase chain reaction (PCR), 1 μL of cDNA was used in a final volume of 20 μL , containing 10 $\mu\text{mol/L}$ of each primer (sense and antisense), SYBR green (Invitrogen Life Technologies, Rockville, Md) as the fluorescent dye, and water. The RT-PCR measurement of individual cDNA was performed in triplicate using SYBR green dye to measure duplex DNA formation with the LightCycler System (Roche Diagnostics, Meylan, France). Primer sequences were designed using information contained in the public database in the GenBank of the National Center for Biotechnology Information.

Quantification of gene expression was done using the β -actin gene as the inner control, which is the most stable gene for reverse transcription RT-PCR measurements. Relative mRNA levels of genes involved in antioxidant defense (SOD1, SOD2, glutathione peroxidase [GPx]), apoptosis (Bax and BclII), and inflammation (interleukin-6) were calculated using the $\Delta\Delta\text{CT}$ method. Sequences of the primer sets used are listed in Table I (online only).

Immunohistochemical procedure. To detect the inflammation in the gastrocnemius, we used monocyte macrophage-2 (Chemicon, AbCys, Paris, France) antibody on serial sections (10- μm thick) of muscles. Briefly, muscle sections were air-dried, and fixed in paraformaldehyde 4% for 3 minutes. They were placed in a 2% solution of hydrogen peroxide for 5 minutes, which served to reduce endogenous or pseudoperoxidase background staining. Primary antibody was used at predetermined optimal dilutions. A standard indirect immunoperoxidase procedure using biotinylated goat antirat antibody (Chemicon, AbCys) and streptavidin-horseradish peroxidase (Chemicon, AbCys) was used to detect binding of monocyte macrophage-2. The slides were developed by diaminobenzidine substrate. Tissues were counterstained briefly with hematoxylin and eosin before mounting.

Statistical analysis. SPSS 17.0 software (SPSS Inc, Chicago, Ill) was used for statistical analyses, and graphics were generated by GraphPad Prism 4 software (GraphPad Software Inc, San Diego, Calif). Means were compared between groups using one-way analysis of variance with the least significant differences post-test. Results are shown as

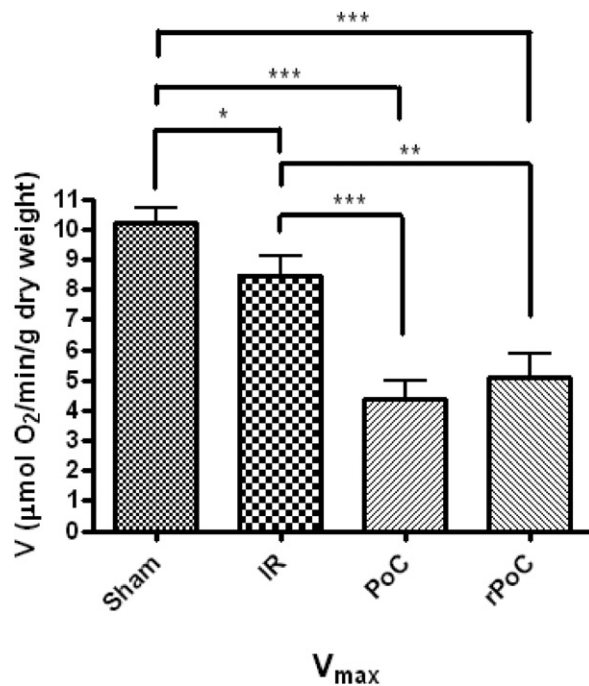


Fig 2. Maximal mitochondrial respiratory rate in sham, after ischemia-reperfusion (IR), and after local postconditioning (PoC) and remote ischemic PoC (rPoC). Maximal oxidative capacity (V_{max}) was assessed using glutamate-malate as the mitochondrial substrate. Results are expressed as means \pm standard error of the mean (error bar). * $P < .05$. ** $P < .01$. *** $P < .001$.

mean \pm standard error (\pm standard error of the mean in graphics). Results with a $P < .05$ were considered statistically significant.

RESULTS

Effects of IR on skeletal muscle mitochondrial respiratory function, ROS production, antioxidant defense, and inflammation. IR impaired the mitochondrial respiratory chain, decreasing significantly skeletal muscle V_{max} (10.2 ± 1.8 vs 8.5 ± 2.2 $\mu\text{mol O}_2/\text{min/g}$ dry weight; $P = .034$, in sham and IR groups, respectively; Fig 2).

To examine the redox state of the cell and implication of oxidative stress, DHE staining was used as an approach of ROS production. In gastrocnemius muscles, IR increased significantly the level of fluorescence, from 4370 ± 924 in sham to $10,258 \pm 5351$ in IR (134.8%; $P = .039$), supporting an increased presence of superoxide anion (Fig 3). Concerning the antioxidant defense, IR tended to decrease *SOD1* (−39.4%; $P = .375$) and *SOD2* (−31.6%; $P = .394$) and significantly decreased *GPx* expression (−47.9%; $P = .048$; Table II, online only; Fig 4).

We also determined the effects of IR on the expression of genes involved in apoptosis. IR increased the expression of the proapoptotic *Bax* gene (255.5%; $P = .020$; Table II, online only; Fig 5). Our investigation of inflammation showed that IR did not increase *interleukin-6* expression or

monocyte-macrophage infiltration (Table II, online only; Fig 6).

Effects of local PoC and rPoC on IR-induced deleterious effects. Local ischemic PoC further impaired the mitochondrial respiratory chain. PoC decreased V_{max} −56.9% (to 4.4 ± 1.4 $\mu\text{mol O}_2/\text{min/g}$ dry weight; $P < .001$) compared with sham, and −48.2% ($P < .001$) compared with IR. Similarly, rPoC further impaired V_{max} −50.0% (to 5.1 ± 1.9 $\mu\text{mol O}_2/\text{min/g}$ dry weight; $P < .001$) and −40.0% ($P = .001$) compared with sham and IR values, respectively. The differences between PoC and rPoC were not significant.

Concerning skeletal muscle reactive oxygen production, local PoC further increased fluorescence to $13,426 \pm 2071$, which was significantly higher than sham (207.2%; $P = .002$), and tended to be higher than IR (30.9%; $P = .226$). rPoC further increased the fluorescence to $17,716 \pm 6231$, which was significantly higher than sham (305.4%; $P < .001$) and significantly higher than IR (72.7%; $P = .011$). The comparison between PoC and rPoC showed no statistical difference.

The evaluation of antioxidant defense showed local PoC increased *SOD1* (110.5%; $P = .020$) and *SOD2* (166.6%; $P = .001$) expressions, but the increase was not significant, being 8.6% ($P = .839$) and 14.2% ($P = .665$) after rPoC compared with sham. *GPx* expression remained decreased after PoC.

Local PoC also increased *Bcl-2* (92.6%; $P = .014$) and normalized the *Bax/Bcl-2* ratio. rPoC increased the expression of the proapoptotic *Bax* gene (391.6%; $P < .001$) and the *Bax/BclII* ratio (621.7%; $P < .001$).

Although interleukin-6 expression was not modified after PoC, immunohistochemical studies revealed presence of inflammation after local PoC and rPoC (Fig 6, B).

DISCUSSION

The main results of this study demonstrate for the first time, to our knowledge, (1) that local PoC and ischemic rPoC further increase IR-induced impairments of skeletal muscle mitochondrial oxidative capacity and (2) that these unexpected deleterious effects were associated with enhanced ROS production and inflammation.

IR impaired mitochondrial respiratory chain and increased oxidative stress and genes involved in apoptosis. Besides trauma and lengthy, complicated operations, many pathologic situations, such as arterial embolism, thrombosis, extrinsic compression, or long-lasting circulatory shock, might lead to vascular occlusion or IR episodes in the lower limbs. Because of the relatively high metabolic rate of muscle tissue, a short ischemic interval, followed by reperfusion, might be significantly deleterious.^{1–4} Accordingly, we observed decreased muscle oxidative capacity was associated with stimulation of the apoptosis pathway. Indeed, *Bax* is proapoptotic, enhancing mitochondrial permeability transition pores opening and cytochrome *c* release, and an increased *Bax/Bcl-2* ratio has been described as triggering cell apoptosis. Consistently, recent data in mice demonstrated edema, apoptosis, and necrosis after hind limb IR.^{28,29}

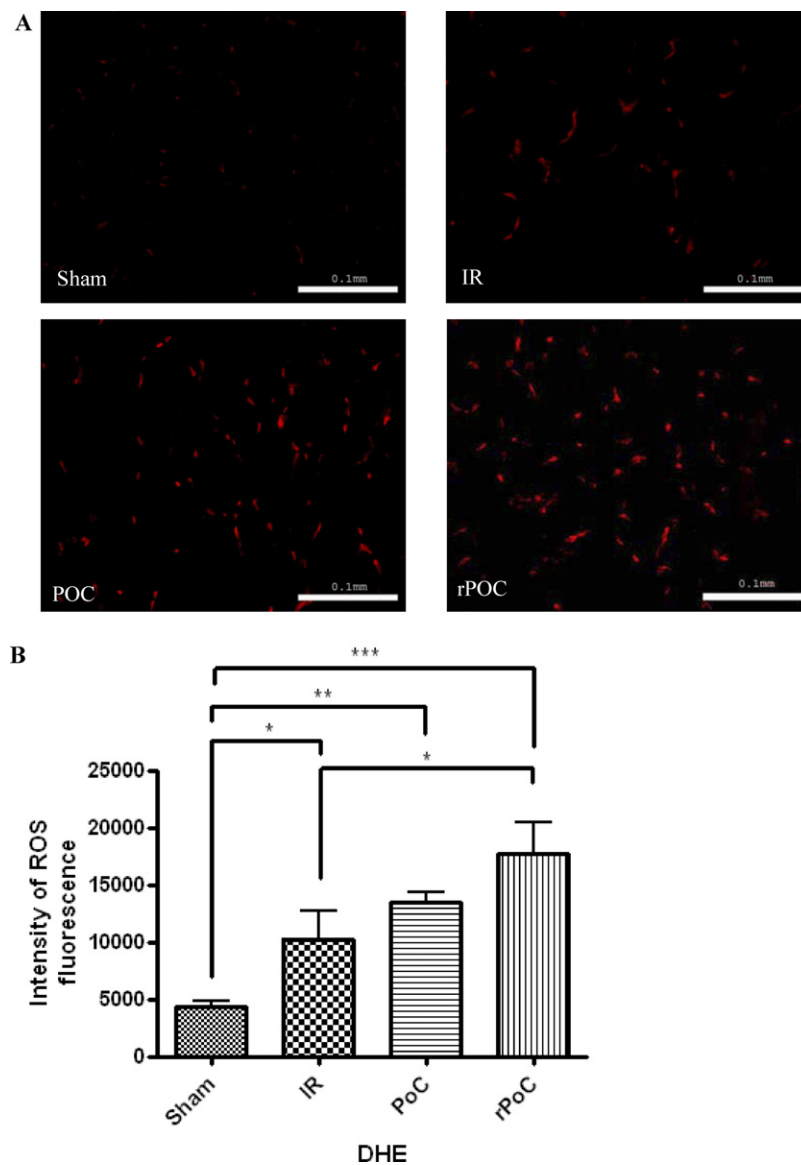


Fig 3. Skeletal muscle production of reactive oxygen species in sham, after ischemia-reperfusion (IR), and after local ischemic postconditioning (PoC) and remote PoC (rPoC). **A**, Fluorescence photographs of each subset. **B**, Intensity of reactive oxygen species (ROS) fluorescence. DHE, Dihydroethidium. Results are expressed as means \pm standard error of the mean (error bars). * $P < .05$. ** $P < .01$. *** $P < .001$.

To further characterize the mechanisms involved, we determined skeletal muscle ROS production and demonstrated a significant oxidative stress increase, likely related to superoxide anion production.¹⁴ Indeed, DHE muscular staining, considered as an efficient marker of ROS production, was increased after IR. Increased production as well as decreased catabolism likely contributed to this oxidative stress enhancement in skeletal muscle. Indeed, impaired mitochondria generate more ROS than normal mitochondria,¹⁴ and reduced antioxidant capacity has been observed in experimental animals and in humans after abdominal aortic aneurysm sur-

gery.^{14,22,30} Accordingly, expressions of *SOD1*, *SOD2*, and *GPx*, the main enzymes known to neutralize ROS, were altered after IR. Because of their clinical significance, reducing such muscular alterations remains a challenging problem, particularly in case of unanticipated acute ischemia.

Local ischemic PoC and rPoC further impaired mitochondrial respiratory chain function and increased oxidative stress and inflammation. In this study, unexpectedly, local PoC and rPoC further impaired the muscle, decreasing oxidative capacities and increasing inflammation, compared with sham and IR groups. This first report

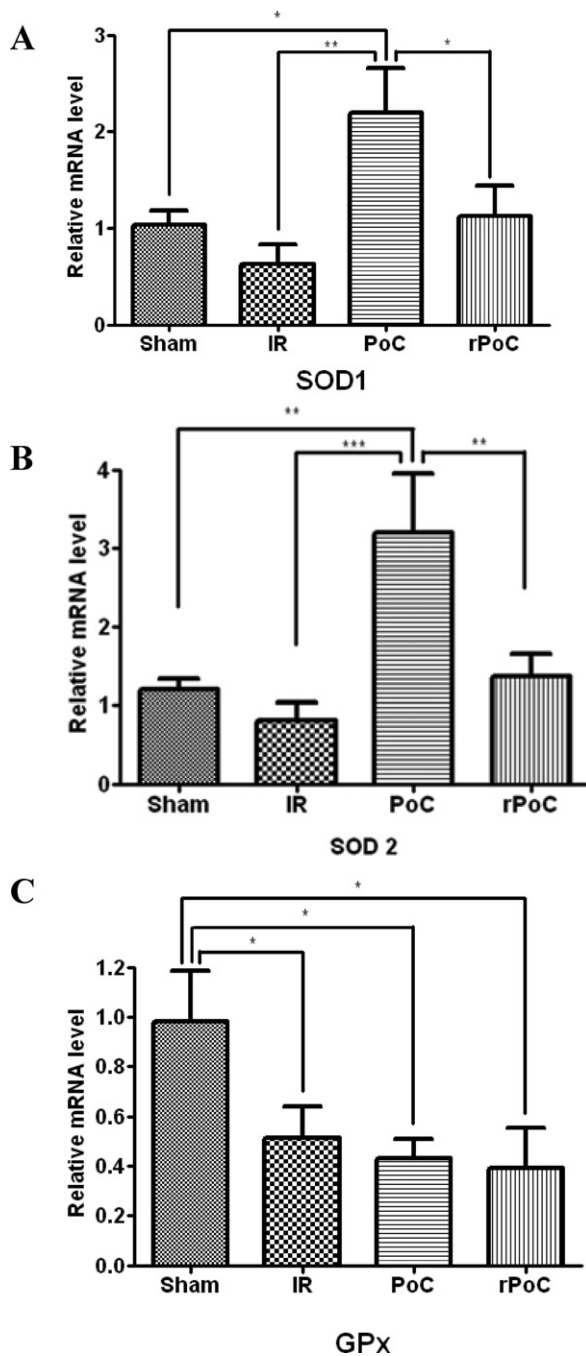


Fig 4. Effects of ischemia-reperfusion (IR) and local postconditioning (PoC) and remote ischemic postconditioning (rPoC) on the expression of genes involved in antioxidant defense. **A**, *Superoxide dismutase 1* (SOD1). **B**, *Superoxide dismutase 2* (SOD2). **C**, *Glutathione peroxidase* (GPx). Results are expressed as means \pm standard error of the mean (error bars). * $P < .05$. ** $P < .01$. *** $P < .001$.

of a detrimental effect of PoC on skeletal muscle in the setting of IR appears particularly important. Indeed to date, PoC protocols were thought to be, at worst, inefficient. Interestingly however, PoC deleterious effects have been

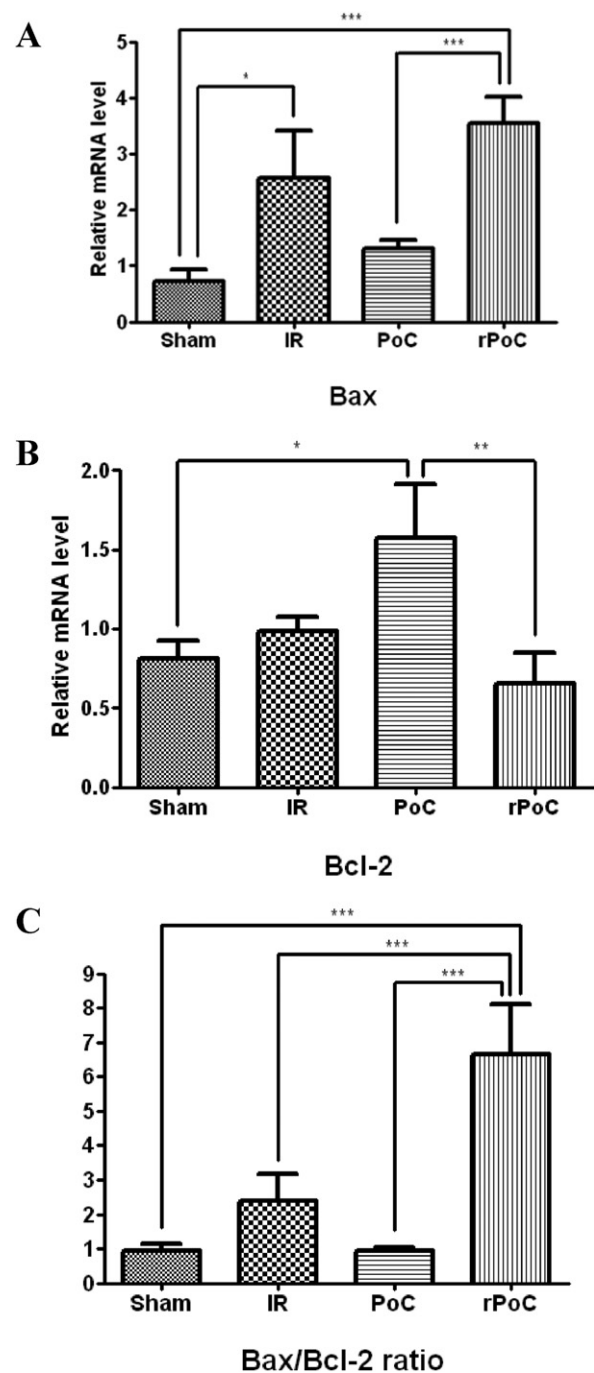


Fig 5. Effects of ischemia-reperfusion (IR) and local postconditioning (PoC) and remote ischemic PoC (rPoC) on the expression of genes involved in apoptosis. **A**, *Bax*. **B**, *BclII*. **C**, Messenger RNA ratio of *Bax/BclII*. Results are expressed as means \pm standard error of the mean (error bars). * $P < .05$. ** $P < .01$. *** $P < .001$.

recently reported in the setting of cardiac IR. Depending on the species and on algorithm used, PoC procedures performed after a short period of ischemia increased myocardial infarct size.^{31,32}

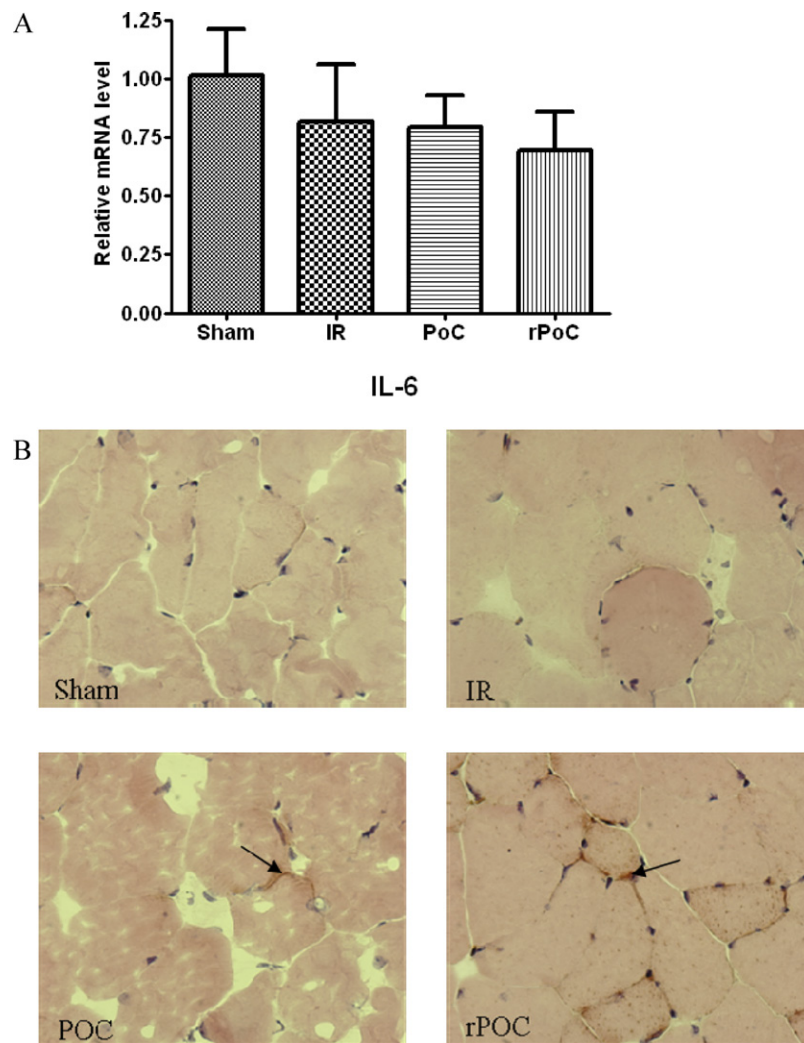


Fig 6. Effects of ischemia-reperfusion (IR) and local postconditioning (PoC) and remote ischemic PoC (rPoC) on inflammation. **A**, Expression of *interleukin-6* (IL-6). Results are expressed as means \pm standard error of the mean (error bars). **B**, Immunohistochemical demonstration of the distribution of macrophages, which are indicated by the black arrows (original magnification, $\times 400$).

In our study, however, the index ischemia was similar to that used by Eberlin et al¹² showing mice skeletal muscle protection. PoC might also be unsuccessful if performed too late after IR, when injury is irreversible and mainly related to ischemia alone.³³ Our PoC protocol theoretically fulfilled efficiency criteria because it was performed after 2 hours of ischemia and started at the onset of reperfusion.¹⁰⁻¹⁴ Further, although in our successful previous PoC study¹⁴ we performed three cycles of 1, 2, and 4 minutes of reperfusion, separated by 5 minutes of reocclusion, to allow enough time to the muscle for handling toxic reperfusion products, other data demonstrated that four cycles of 30 seconds of IR also protected the latissimus dorsi in pigs.¹⁰

An “ideal” PoC protocol remains thus to be established.³¹ It might depend on interaction between a number

of factors, including duration of ischemia, algorithm of PoC, blood flow stopping sites, phenotype of muscle, sex, age, temperature, and species. Other laboratory-specific unidentified variables might also be in play.³⁴ Thus, a small change in the conditioning protocol or environment might profoundly modify the outcome. In this view, a protocol in which the total ischemic time is held constant for both groups while applying intermittent bouts of reperfusion in one group should be interesting.

To further understand the mechanisms involved in PoC-related deleterious effects, we think it is noteworthy that local and rPoC were both detrimental. This supports a humoral theory that suggests that remote tissue releases circulating factors acting to modulate the effects of IR on the ischemic organ.³⁵ Thus, increased oxidative stress and inflammation might have played a key role.

Indeed, DHE muscular staining further increased after local and rPoC. Accordingly, we and others demonstrated the deleterious effects of oxidative stress during skeletal muscle IR and that protection occurs when ROS production is reduced.^{14,22} Similarly, we observed muscle inflammation after PoC and rPoC, consistent with previous data demonstrating involvement of inflammation in IR deleterious effects.^{29,36} Because leukopenic animals are protected from development of IR,³⁷ inflammation might be a main cause rather than a consequence of IR injuries.

Although PoC and rPoC both further increased mitochondrial dysfunction, DHE staining and inflammation, protective *Bcl-2*, *SOD1*, and *SOD2* expressions increased after local PoC. Conversely, the proapoptotic pathway was stimulated in the rPoC hind limb. This differential transcriptional response to IR deserves specific investigations. Because ROS production and inflammation increased after local PoC and rPoC in this study, further studies investigating the relationship between oxidative stress and macrophage infiltration might be useful. This might also be analyzed when examining the effect of slowly restoring flow over a given period of time rather than abrupt cessation and reperfusion.

CONCLUSIONS

This study demonstrates that local and remote ischemic postconditioning may both have detrimental effects on skeletal muscle mitochondrial function in the setting of ischemia-reperfusion and that enhanced ROS production was associated with decreased muscle oxidative capacities and inflammation. Thus, although ischemic postconditioning might be a promising therapeutic approach to reduce patient morbidity during major vascular surgeries, caution should be taken before its broader translation to clinical practice.³⁸ Particularly, the algorithm used should be very well designed and probably personalized to each patient.

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AUTHOR CONTRIBUTIONS

Conception and design: ZM, AC, JB, JZ, BG
Analysis and interpretation: ZM, AC, JB, JP, MK, JM, JZ, BG
Data collection: ZM, AC, JP
Writing the article: ZM, AC, BG
Critical revision of the article: JB, JP, JM, MK, BG
Final approval of the article: ZM, AC, JB, JP, MK, JM, JZ, BG
Statistical analysis: ZM, AC
Obtained funding: BG
Overall responsibility: BG

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Table I. (online only). Primer sequences used for quantitative real-time polymerase chain reaction (RT-PCR) amplification

Target gene	Accession number	Forward primer 5' → 3'	Reverse primer 5' → 3'
<i>SOD1</i>	NM017050	AGATGACTTGGGCAAAGGTG	CAATCCCAATCACACCACAA
<i>SOD2</i>	NM017051	CTGGACAAACCTGAGCCCTA	GAACCTTGGACTCCCACAGA
<i>GPx</i>	NM030826	GCCGAGTGTGGTTTACGAAT	GGCTGCAAACCTCCTTGATTT
<i>Bax</i>	NC005100	GCTGGACACTGGACTTCCTC	GAGGACTCCAGCCACAAAGA
<i>Bcl-2</i>	NC005112	CGACTTTGCAGAGATGTCCA	CCTGAAGAGTTTCTCCACCA
<i>IL-6</i>	NM012589	TACCCCAACTTCCAATGCTC	GGTTTGCCGAGTAGACCTCA
<i>β-actin</i>	BC063166	GCACAACCTTCAGCCTCCCAGA	CTTCCCATTACCCGCTCCATT

GPx, Glutathione peroxidase; *IL-6*, interleukin-6; *SOD*, superoxide dismutase.

Table II. (online only). Relative messenger RNA expression levels of superoxide dismutase (*SOD*) 1 and 2, glutathione peroxidase (*GPx*), *Bax*, *Bcl-2*, *Bax/Bcl-2* ratio, and interleukin-6 (*IL-6*)

Gene	Sham	IR group	PoC group	rPoC group
<i>SOD1</i>	1.04 ± 0.32	0.63 ± 0.45	2.19 ± 1.04 ^{a,b}	1.13 ± 0.78 ^c
<i>SOD2</i>	1.20 ± 0.33	0.82 ± 0.45	3.20 ± 1.31 ^{d,e}	1.37 ± 0.67 ^f
<i>GPx</i>	0.98 ± 0.49	0.51 ± 0.28 ^a	0.43 ± 0.19 ^a	0.39 ± 0.40 ^a
<i>Bax</i>	0.72 ± 0.50	2.56 ± 1.70 ^d	1.31 ± 0.36	3.54 ± 1.16 ^{f,g}
<i>Bcl-2</i>	0.82 ± 0.28	0.98 ± 0.21	1.58 ± 0.75 ^a	0.66 ± 0.43 ^f
<i>Bax/Bcl-2</i>	0.92 ± 0.49	2.40 ± 1.50	0.92 ± 0.27	6.64 ± 2.95 ^{g,h,i}
<i>IL-6</i>	1.01 ± 0.48	0.82 ± 0.54	0.79 ± 0.33	0.70 ± 0.40

IR, Ischemia-reperfusion; *PoC*, local postconditioning; *rPoC*, remote postconditioning.

^a*P* < .05 compared with sham.

^b*P* < .05 compared with IR.

^c*P* < .05 compared with PoC.

^d*P* < .01 compared with sham.

^e*P* < .001 compared with IR.

^f*P* < .01 compared with PoC.

^g*P* < .001 compared with sham.

^h*P* < .01 compared with IR.

ⁱ*P* < .001 compared with PoC.